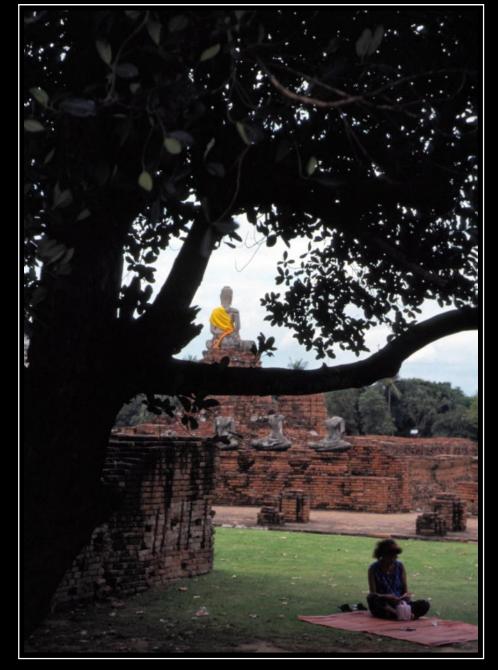


A photographic and philosophic journey through the king cities of the Buddha's country with their world heritage monuments and holy sites: Ayutthaya, Sukothai and Phitsanulok.

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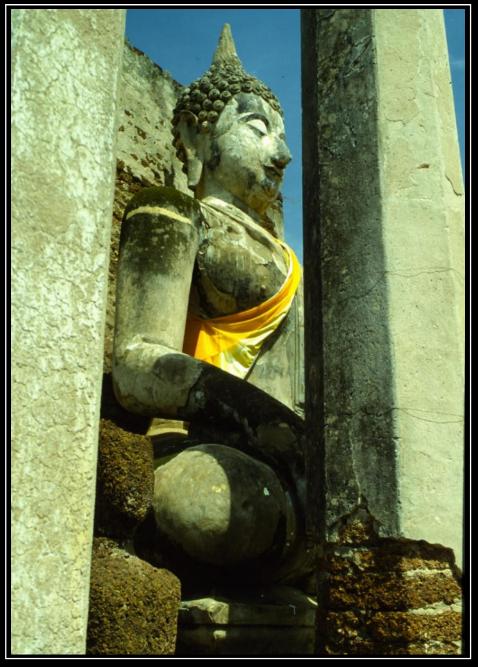
• Welcome in Thailand, where statues of Buddha find peace and grace in ancient cities. Wat Yai Chai Mongkol in the ruin city of Ayutthaya (80 km north-west of Bangkok) – July 2001



Solution State Allow your body, your spirit and your soul this year: rest, calmness and inner peace. ☺
"Resting spot" in temple complex Wat Yai Chai Mongkol in the ruin city of Ayutthaya – July 2001



• Do take the past into account, if the present blaze of colour seduces you. Wat Mahathat in the ruin city of Sukothai (440 km northwest of Bangkok)) – August 2001



• Build yourself columns and frames, which grant you security, safety and retreat. Statue of Buddha in the ruin city of Phitsanulok (east of Sukothai) - August 2001



• Refresh yourself in the growing, powerful shapes and colours nature is giving you. Green paradise resort nearby Hua Hin (200 km south of Bangkok) - September 2001

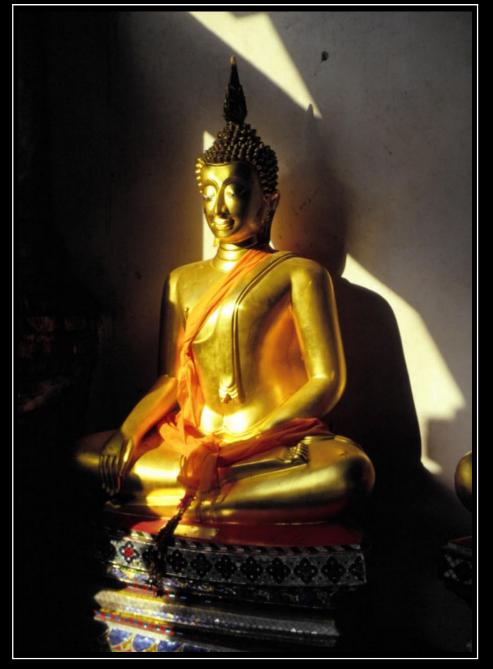




Look for a shady spot and let the fast-moving, mad rush pass by easily.
Relaxing statue of Buddha along the Chao Phraya river nearby Ayutthaya - August 2001



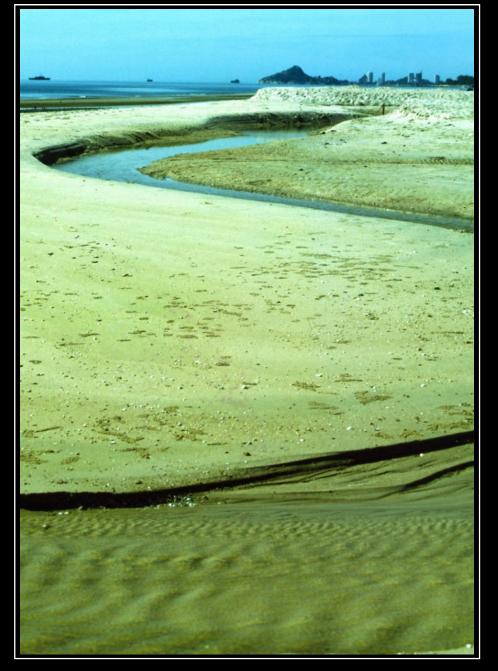
Resist comfortable temptations of unnatural luxury and start off to new shores. 
Seducing pool area nearby Hua Hin (200 km south of Bangkok) - September 2001



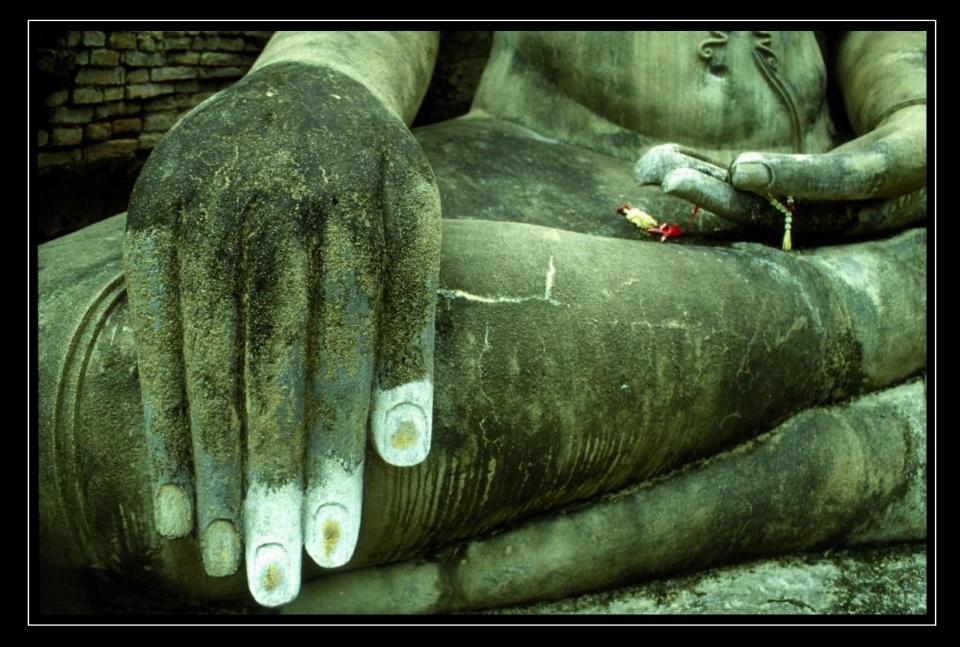
• You need peace and stability in the inside, if you want to shine to the outside without dazzling. Golden statue of Buddha along the Chao Phraya river nearby Ayutthaya - August 2001



♥ Go hiking in the green, hopeful vastness, if your thoughts are restricting you. ♥
Refreshing rice- or cornfield outside the ruin complex of Sukothai - August 2001



• Beginning and end of your life do not lie in your hand - but its flowing course. Deserted, sandy beach at tides off Hua Hin (200 km south of Bangkok) - September 2001



• Speak with the power and sensitivities of your hands about the state of your soul. Gestures of a Buddha-Statue in Sukothai - August 2001



• As different your opposites may be; we all have a common origin. Buddha-Statue in the gloom of the ruin city Sukothai - August 2001



• Who looks down in spite of a free view, shows dignity and respect towards the future. Bonus–Pic: Huge Buddha-Statue in the Wat Si Chun north of the city walls in Sukothai - August 2001

## THANK YOU

## for your



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